

The Edu-cize Hop adjusts to the teaching needs of children primarily from ages 3-8. Younger children with the assistance of a teacher/parent can benefit from it also. Teacher/parent can adapt for the gifted and/or underperforming child. It also encourages peer tutoring.

About the Rug:

The Edu-cize Hop is a tool that teaches language arts, numerical concepts, basic shapes, and colors while exercising. It encourages sharing, taking turns and completion of task. It challenges young minds to think and memorize by reciting and repetition. In today's world obesity is a growing problem because children are involved in activities that require little or no movement. Edu-cize Hop encourages children to hop while focusing on learning.

Recommendations

The rug should be used In-door only. When hopping or playing on rug, shoes should not be worn.

Edu-Cize Hop Instructions

SETUP:

Before hopping begins teacher/parent should make 3 sets of numbers from 1 to 10. Place the numbers in a container. Let the child pick a number. For example if the child picks 5, when the child lands on 5 the teacher ask the child to identify the shape or color. She can also ask the child to spell the color. Remember the child must hop from 1 to 10. The numbers for go, stop and home are 1,7,10. These numbers should be placed on the same piece of paper if the teacher/parent wants the child to identify go, stop, and home when jumping from 1 to 10. Be creative and Have fun!!!

HOPPING:

The child starts from number 1 and proceeds to 2, 3, 4, etc. until He/she gets to number 10. The teacher decides on what is to be identified SHAPE, COLOR, and/or NUMBER when he/she lands on it. For example, the child lands on 4, the teacher says name that NUMBER, COLOR (Spell It) and/or SHAPE. Be Creative and Have Fun!!!

IDENTIFYING GO, STOP, AND HOME and the COLOR associated with it:

As the child approaches the word GO, the teacher asks the child to say the word, spell it and identify the color (GREEN). The child hops starting with the Number 1 until he/she approaches the word STOP he/she says the word, spells it, and identifies the color (RED) and as he/she approaches the word HOME says the word, spells it, and identifies the color (BROWN) and then hops onto the last number 10. Be Creative and Have Fun!!!

IDENTIFYING THE WORD ON THE CRAYON and the COLOR associated with it:

The child hops starting from the Number 1 and proceeds to 2,3,4 etc. until he/she gets to Number 10. The teacher decides on what CRAYON and WORD is to be identified. For example, the child hops to Number 3, the teacher says name the COLOR of the crayon on the Right, say the WORD that's on the CRAYON and/or Spell it. After the child answers, he/she continues to hop. The teacher can also let the child exercise to the word up, down, big, little, jump, fun, and play.

IDENTIFYING THE LEFT AND RIGHT FOOTPRINT

The child matches his/her FOOTPRINT with the one on the Rug. The teacher asks the child to identify the LEFT or RIGHT FOOTPRINT as he or she walks. There are three FOOTPRINTS that are three RIGHTS. The sequence is Right-Left, Right-Left, Right-Left, Right-Right-Right.

